Port Pillow Instructions

These pillows are delivered to the local hospitals for patients going through chemotherapy. They help protect the port (where your chemo is injected) from getting irritated by your seat belt. Use fun and bright fabrics as we also provide them to children in treatment. Once ready, please contact us to coordinate a delivery!

Supplies needed

- Fabric- preferably cotton or other soft fabric.
- 3/4" sew on velcro (hook & loop)
- Thread
- Poly fill
- Pins and/or clips
- Scissors
- Ruler/measuring tape
- Iron Removable Marking Pen
- Stick to push corners out
- For 1 pillow you will need 2 pieces of 4" x 7" fabric & 2 "sets" of Velcro (2 hook pieces & 2 loop pieces). Each piece of velcro should be cut in 3" lengths.

Tips

- Cut several pieces of fabric & "sets" of Velcro so you can assemble them in larger quantities and then go back and sew them.
- When stitching the "sandwich" together be sure to back stitch when you begin sewing and at the end so the opening won't come undone when you turn it inside out.
- Use a stick to push corners out before stuffing.

Instructions

Step 1: Cut 2 pieces of fabric 4" x 7".
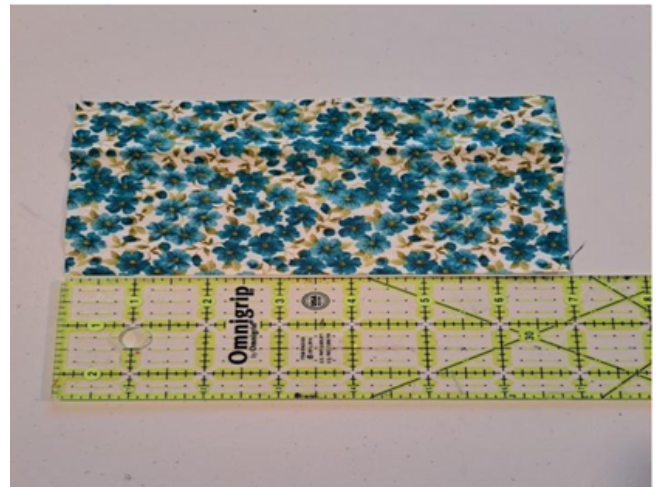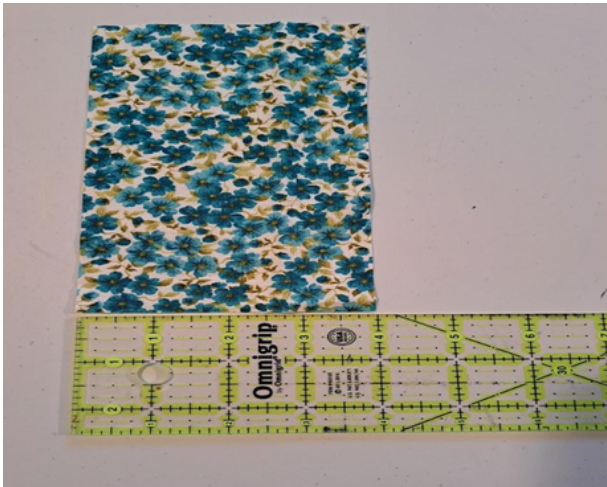
Step 2: Cut Velcro into 3" pieces. You will need 2 hook pieces and 2 loop pieces.
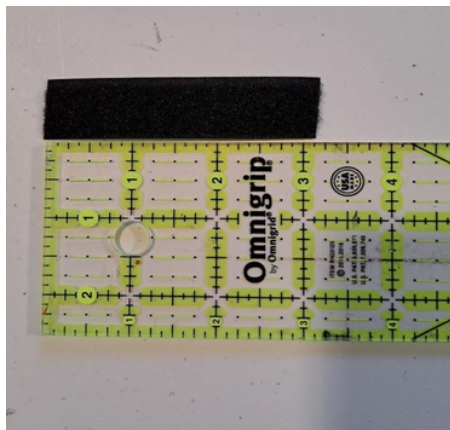
Step 3: On the right side of one piece of fabric mark a line 1.5" from each end of the fabric.


Step 4: Create a sandwich with the 2 pieces of fabric and the 2 sets of Velcro. Take 1 piece of hook and 1 piece of loop Velcro & press them together so they adhere to each other & are approximately 1/2" wider than the width of the fabric piece. Place them on the inside of the line that you marked on the fabric. Place the 2nd piece of fabric on top of the Velcro pieces with the right sides of the fabric facing each other.
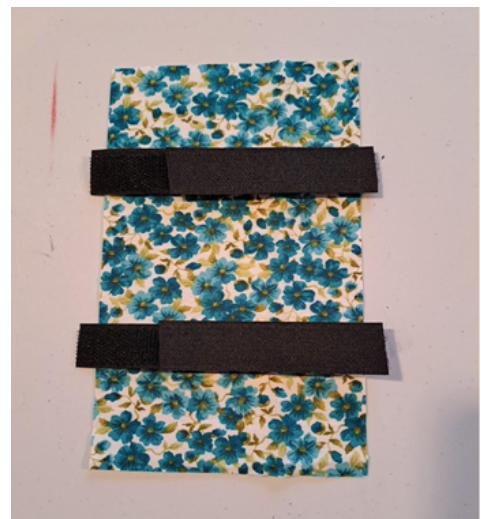
Step 5: Use clips or pins to keep the "sandwich" in place.

Step 6: Stitch approximately 1/4" seam all the way around the outside of the fabric leaving an opening on one end big enough to pull the fabric through when you turn the stitched "sandwich" right side out.   Before turning right side out, clip the corners so there is less bulk when you turn it right side out. Also clip off the extra Velcro on each side.
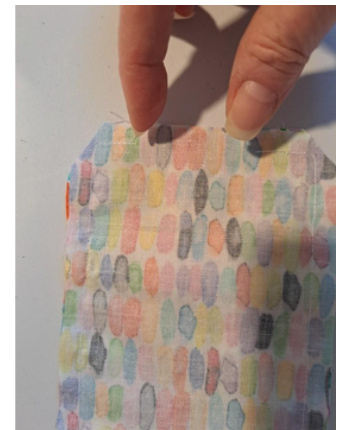
Step 7: Use clips or pins to keep the "sandwich" in place. Use a stick to push corners out after it has been turned right side out. Stuff the pillow with polyfill so it is firm yet not so hard that it would make it uncomfortable for the user. Pin end closed and stitch shut.